

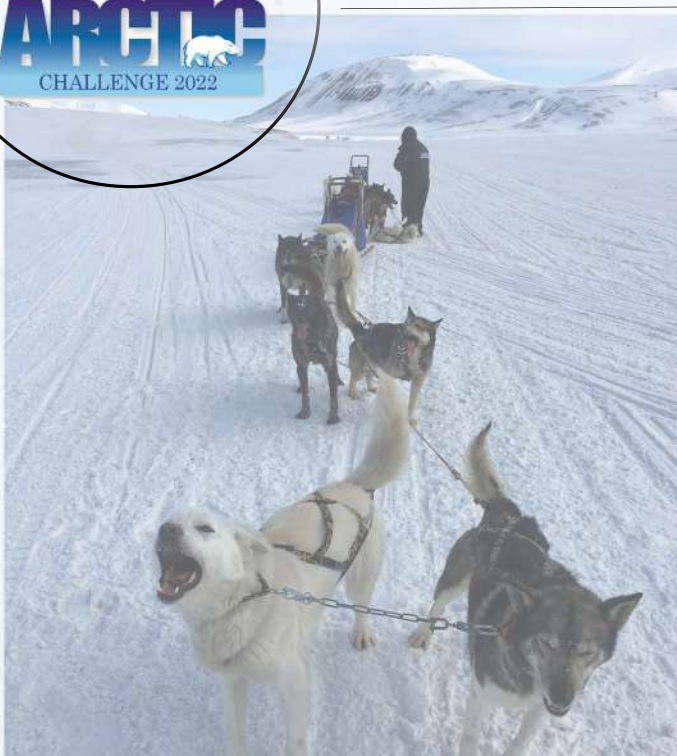
# Wild and Free in Svalbard



Women's Team:  
23<sup>rd</sup> April 2022 - 2<sup>nd</sup> May  
2022

Mixed Team:  
1<sup>st</sup> May 2022 - 8<sup>th</sup> May 2022

Join  
Mountain High's  
10th Expedition  
to Svalbard





## EXPEDITION HIGHLIGHTS

- Learn how to harness and handle your own team of huskies & experience the thrill of mushing through the pristine wilderness of the Norwegian Arctic Circle.
- Ice-caving trip to the Scott Turner Glacier
- 3-day dog sledding expedition & 1-night camping, 1 night in a cabin.
- Snowmobile Safari – this is an optional activity. You can go as a passenger or be the driver. Advance booking is required for this. Payment can be made direct to the operator when we arrive in Svalbard. This is an exciting way to cover longer distances however some people prefer husky power over engine power so this year it is an option!
- 5 Hour guided hike over Plateau Mountain (optional)
- An opportunity to experience 'heaven on earth'
- Go where few have gone & make more modern-day adventure history!

## THE COOL DETAILS!

- 5 nights twin-sharing at Basecamp Lodge in Longyearbyen, 1 night in a cabin and 1-night wild camping.
- Maximum 10 participants to include Julie Lewis as group leader
- A good general level of fitness is required (on certain sections you will need to help your husky team on the uphill sections of the route)
- You need to be very comfortable around dogs as they will be your only form of transportation for the
- Ice caving and 3-day sledding section of the expedition.
- A driving license is required if you choose to take the snowmobile option as a driver (not necessary if you choose to go as a passenger)
- A suggested packing list will be sent on receipt of your completed booking form and deposit.
- Most of the main clothing and equipment will be provided (Arctic snowsuit, mittens, arctic boots, helmet, goggles, mittens etc)





## **INVESTMENT**

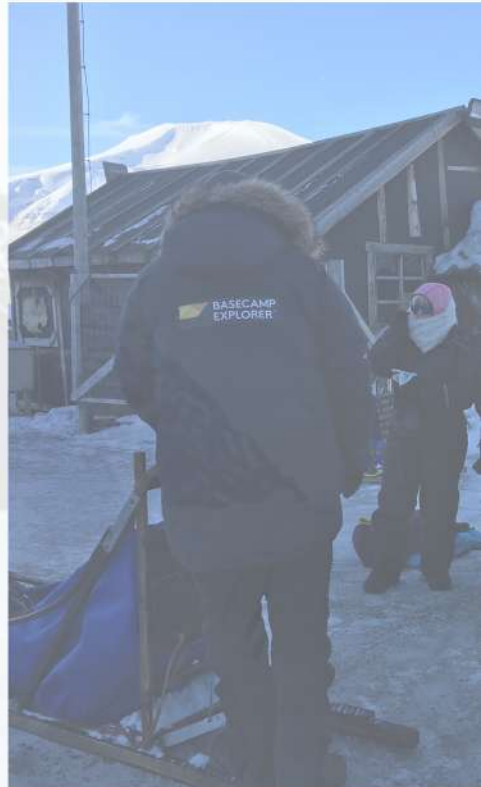
**USD 5,700 (can be paid in UAE Dhs equivalent)**

## **INCLUDES:**

- 7 Nights' accommodation on a twin share basis
- 5 Nights base camp lodge
- 1 night wild camping (3-4 pax per tent)
- 1 night in a cabin (quad and twin share)
- All activities as per the itinerary
- All meals as per the itinerary
- Professional Experienced Guides
- Julie Lewis as group leader
- Branded Kit Bag
- Branded Fleece

## **EXCLUDES**

- Snow- mobile safari – if you choose this option the following rates will apply and be payable on arrival in Svalbard . Please note we have to book this activity in advance therefore please select this option on the booking form if you would like to do this.
- Full-day driver : NOK 2.990 Passenger 1.900
- Half-day driver: NOK 2.250 Passenger 1.250
- Hiking on the Plateau Mountain – if you choose this option please pre-select on the booking form.
- NOK 1090 will be payable on arrival to Svalbard.
- Round trip flights to Oslo
- Overnight accommodation in Oslo if and where required (special rates will be requested and you can pay by credit card on check out)
- Personal expenses (drinks, laundry, etc.)
- Visa Fees (if Applicable)
- SAS Flights Oslo-Longyearbyen-Oslo (Closer to the time I will get a group rate based on us all flying in and out on the same flights)







## **NEXT STEPS**

- 1. Complete the on-line booking form and make a deposit of 500 USD to secure your place. Send a copy of the passport you will be travelling on to [jules@mountainhighme.com](mailto:jules@mountainhighme.com) The deposit is non-refundable (you can of course find someone to take your place)**
- 2. Follow on payments can be made in January 2022; full balance is due 60 days before departure (25th February 2022 for Women's Team / 3rd March for Mixed Team)**  
**\*You can pay the full trip fees at any time if you prefer to make one transaction only.**
- 3. Once we have the group fares confirmed with SAS – Oslo-Longyearbyen-Oslo you will be invoiced for your tickets.**





### **Day One Saturday 23rd April 2022**

Wherever you are flying in from to join this amazing adventure, you need to arrive in Oslo today! Tonight, we will stay at the Radisson Airport Hotel, which is a 5-minute walk away from the airport. (Special rates will be requested & you can pay by credit card for your room)

### **Day Two Sunday 24th April 2022**

Breakfast at the Hotel, check out and walk across to the airport ready to check in for our SAS flight (flight timings subject to change depending on 2022 schedule). Fly to a whole new world of snow and ice! Meet and assist at

Svalbard airport. Transfer to Basecamp Trappers Hotel for check in and brief by our guides.

We then have a bus transfer to the Trappers station for a 2-course dinner.

During the evening we will learn about the history behind the station and will also have the opportunity to meet our sled huskies based at the station - time to start bonding! Overnight in twin accommodation at the Trappers Lodge





### **Day Three Monday 25th April 2022**

Breakfast at the Lodge.

Today we will experience our first dog sledding trip!

After breakfast, we will be transported to the Trapping station and dog kennel located 12 km from our base in Longyearbyen, where about 70 Alaskan Huskies eagerly await to be picked out for our trip. You will be shown how to harness and handle the dogs for the trip to the ice-cave.

For the trip to the ice cave we will pair up and share a dog-team and sledge.

We mush into the Bolterdalan Valley and up to the Scott Turner Glacier. Once at the glacier we will park the dogs so we can get ready for the ice caving! Time to put on a helmet and headlamp and venture into the cave led by our guide. Inside we will see the amazing formations of snow, ice and rock shaped by nature's own forces. Take your camera down with you!

The ice-cave is made by melting water that during summertime digs its own way through the interior of the glaciers. The result is that Mother Nature has succeeded in the creation of beautiful formations of ice.

These in combination with frozen crystals of snow and total silence make the atmosphere truly magical!

Depending on today's weather conditions we will have lunch in the field or in the glacier. After the caving and lunch, we head back to the trapper's station, un-harness the dogs and return them to their kennel for the night. Transport back to the lodge is provided so we can enjoy a hot shower and change before we head next door to the Kroa restaurant : <https://www.kroa-svalbard.no> for a 3-course dinner. Overnight at the lodge in twin accommodation

### **Day Four Tuesday 26th April 2022**

(Dog sledding - Arctic Silence - North Pole Camp)

Today the real challenge begins! We travel in the footsteps of Fritjof Nansen and mush our own dog team to the Sassen Valley where our North Pole Style Expedition camp is set up. Experience how it is to live Arctic style!

Today you will experience " mushing" your own dogsled team across a landscape of snow and glaciers.

You now have your own husky team & sled. You will harness, feed and look after your huskies throughout this part of the trip. We will sled through vast valleys to the Tempelfjorden and enjoy expedition lunch at route.

In the afternoon we will set up camp ready to spend a night like a true Arctic Explorer. After taking care of your dog team we head to the dining tent for a delicious dinner and recount the day's adventure ... time to forget about the rest of the world!





### **Day Five Wednesday 27th April 2022**

In the morning, we feed the dogs before enjoying our breakfast with fresh bread and hot coffee.

After breakfast, it's time to head out on the ice to the stunning blue Von Post Glacier. Wide-open landscape and breathtaking scenery surround us - only the panting of the dogs and the scraping of the sled runners against the snow break the silence. Lunch is taken al fresco en route. We return to lodge our cabin in the afternoon for some well-deserved drinks. After dinner, you can relax, stretch your legs & say goodnight to your huskie team before heading to bed!

### **Day Six Thursday 28th April 2022**

This is our last full day of dog sledding so we will make the most of it and get an early start. Breakfast is served at 8am (after we have fed our dogs) then we harness up our huskies and head out into the wilderness and back to the Trappers station where we first started.

Depending on weather conditions our guide will pick a route and select a spot for lunch al fresco. Once at the Trappers station we unharness the huskies and get them settled back in their kennel to take a well-deserved rest- time to bid them farewell! We go back to Basecamp Hotel and enjoy a cold Arctic beer or local wine in the lounge. Shower, freshen up and head out for dinner at Polfaren. Overnight at the Basecamp Hotel.

### **Day Seven Friday 29th April 2022**

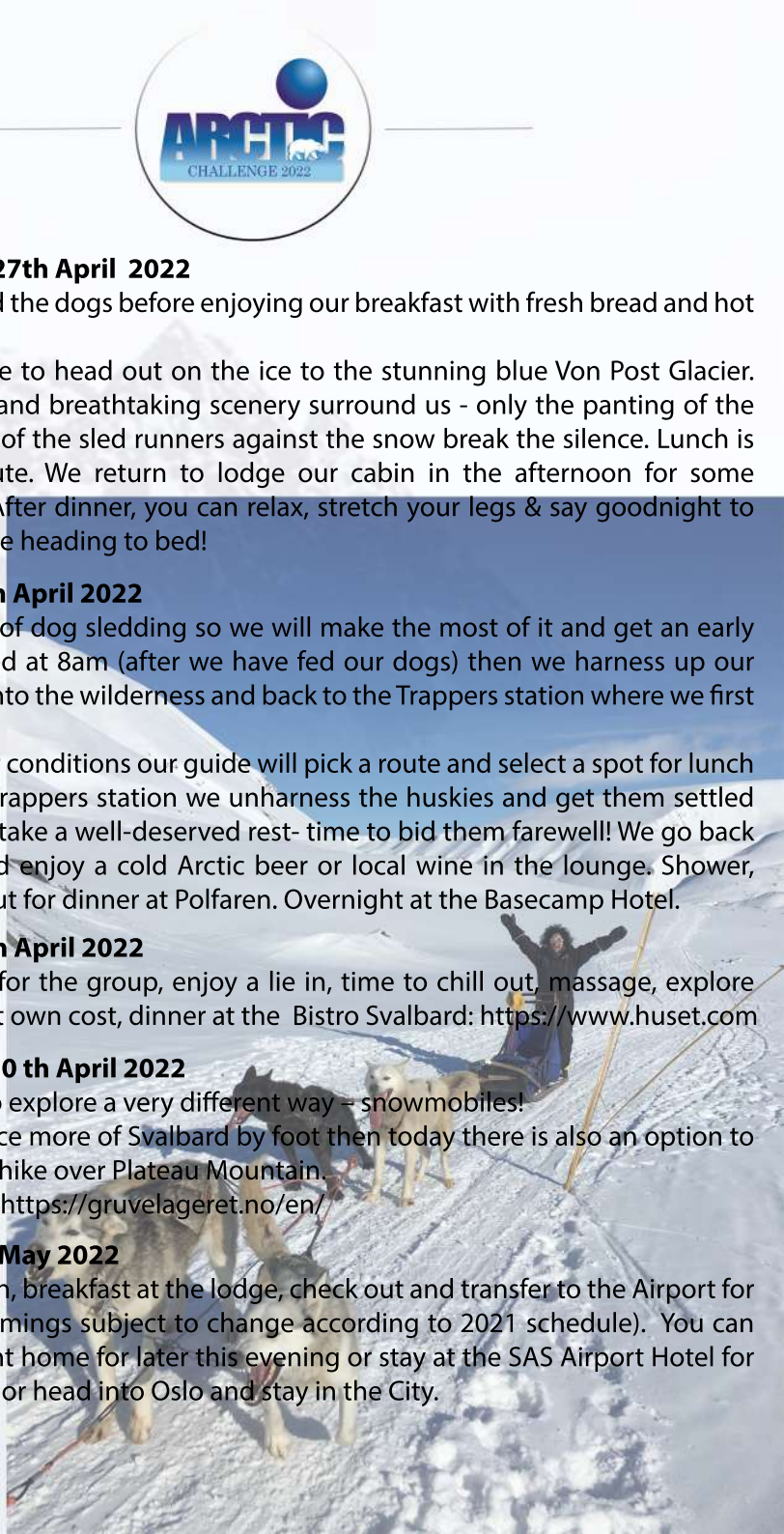
This will be a rest day for the group, enjoy a lie in, time to chill out, massage, explore Longyearbyen, lunch at own cost, dinner at the Bistro Svalbard: <https://www.huset.com>

### **Day Eight Saturday 30 th April 2022**

Today you can chose to explore a very different way – snowmobiles!  
If you wish to experience more of Svalbard by foot then today there is also an option to enjoy a 5 hour guided hike over Plateau Mountain.  
Dinner at Gruvelagret : <https://gruvelageret.no/en/>

### **Day Nine Sunday 1st May 2022**

Last day in Logyearbyen, breakfast at the lodge, check out and transfer to the Airport for our SAS flight: (flight timings subject to change according to 2021 schedule). You can book your onward flight home for later this evening or stay at the SAS Airport Hotel for dinner and overnight... or head into Oslo and stay in the City.





## **Women's Team departs**

**\*\* Mixed Team arrives today 1st May 2022**

## **Day Ten Monday 2nd May 2022**

For those who stayed overnight close to the airport, breakfast at the SAS Hotel, check out for your onward flight home or to stay on to explore Oslo!



**The Mixed Team day to day program will be the same as the Women's Team. Here's the overview in short.**

Sun, 1st May Arrive Longyearbyen

Mon, 2nd May Ice caving / Dog Sledding

Tue, 3rd May Dog Sledding Expedition begins / wild camping

Wed, 4th May Dog Sledding / overnight in a cabin

Thu, 5th May Dog Sledding – back to base camp / overnight at the Lodge

Fri, 6th May Rest day

Sat, 7th May Options for a hike and or snowmobile safari

Sun, 8th May Depart Longyearbyen back to Oslo







# Wild and Free in Svalbard



Julie Lewis  
+971 50 6595536  
jules@mountainhighme.com

Join  
Mountain High's  
10th Expedition  
to Svalbard

